

# Sons of Norway

## Polar Star Lodge 5-472

Meetings on the first Sunday of the month – Potluck at 1:30 p.m.  
St. Olaf Lutheran Church – Douglas Road, Montgomery, IL

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### President's Message



President Ken at Kvaale Norwegian Farm at Old World Wisconsin

### Hilsen Polar Star Lodge!

What a fun time we had in Stoughton on our Culture Field Trip! Thanks to everyone who participated! The food and comradery were outstanding!

The Vasa Park Scandinavian Event is fast approaching. I hope everyone is planning what they will bake or donate for this fund raiser. It would be helpful if everyone would let me know what you will be bringing so we know what we have to offer. I encourage everyone to come to Vasa Park to work at least one shift. It's a lot of fun!

Warm up those singing voices because our choir will begin rehearsing September 14<sup>th</sup> thanks to our Director, Doris Pittman.

Your President, Ken Johnson



Karen Lindebrekke  
shares slides from her family trip  
to Norway at the Aug. mtg.

### UPCOMING EVENTS

**Scandinavian Festival**  
at Vasa Park

**September 10, 2017**

Polar Star Bakery and Flea Market  
See article on page 7

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**October 1, 2017**

**Polar Star Lodge Event  
at St. Olaf Church**

See article on page 2

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**Polar Star  
Taste of Norway**

**Høstfest**

**Sunday Nov. 5th**

See flier on page 8

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**Polar Star Newsletter Deadline**  
Will be the 14<sup>th</sup> of every month.  
Please submit all articles to Barb Johnson  
at [barbijohnsonb@aol.com](mailto:barbijohnsonb@aol.com)  
Follow us on facebook @  
Sons of Norway – Polar Star Lodge

## Members in Action

### **OCTOBER LODGE EVENT**

**October 1, 2017 – 1:30  
at St.**

**Olaf Church.**

**Program still in progress**

**Buffet begins 1:30 p.m. Please bring your own table  
service and a dish to pass.**

### **Polar Star Singers and Friends Needed.....**



**Fox Valley Norwegian Choir Rehearsal  
will begin Thursday, September 14<sup>th</sup>  
at 7:00 p.m. at St. Olaf church for our  
Høstfest performance. The 2017 season  
will again feature a children's choir.  
More information to follow from our  
choir director, Doris Pittman**



**Jerri Lynn earns her enamel  
Gangemerke Walking Sports Medal  
400+ miles**



**Karen Oswald earns Norwegian  
Stamps  
Part 2 & 3 Culture Medals**



# CULTURE CORNER

by Barb Johnson



The following Polar Star members completed requirements to earn Part 2 of the Traditional Norwegian Food Culture Medal.

L to R: Barb Johnson, Eleanor Bates, Karen Oswald, Nancy Andersen, Carol Devito, Ed Hatteberg, Diana Raimond, Ken Johnson, Josie Gehler, Karen Lindebrekke, Arthur Andersen, and Steve Tanda (not pictured)

## Polar Star August Piknik





# Polar Star Culture Field Trip to Stoughton





# Recipes from Old World Wisconsin

## Soft Molasses Cookies (Siirappikakut)

### *Finnish Ketola Farm*

¼ C	Shortening/lard	2-3/4 C	Flour
½ C	Dark Brown Sugar	½ t	Salt
½ C	Hot Water	1 t	Cinnamon
½ C	Molasses or honey	1 t	Ginger
1	Egg	1 t	Cloves
		½ t	Baking Soda
		1 t	Baking Powder

Cream shortening and sugar together. Combine hot water and molasses. Stir into the fat mixture, along with the egg. In a separate bowl, blend dry ingredients together. Slowly add to the fat mixture, stirring until just combined. Drop spoonfuls of dough onto baking sheets and bake at 350 F for 10-15 minutes.



## Sour Cream Cookies

### *Norwegian Kvaale Farm*

2 C	Sugar	3 C	Flour
1 C	Butter	1/3 t	Salt
2	Eggs, beaten	½ t	Cream of Tartar
1 C	Sour Cream		
1 t	Baking Soda, dissolved in 1 tsp. hot water		

Cream together sugar and butter, add eggs and stir well. Mix together flour, salt and cream of tartar. Sift into wet ingredients. Stir baking soda/water mixture into the sour cream. Add to the batter, stirring until just combined. Drop spoonfuls of dough onto baking sheets. Bake at 350 F for 20-25 minutes, or until the edges are light brown.

## Sign up today for Adult Norwegian Camp 2017



[BJ1]

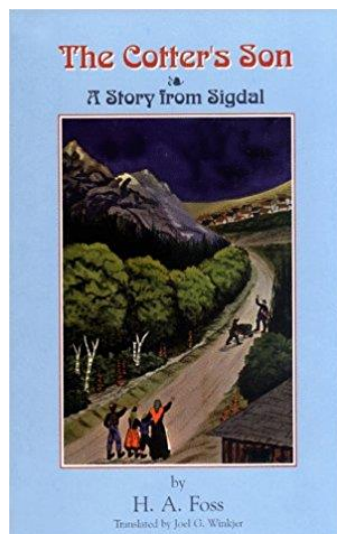
**September 24-30**

Visit [www.ConcordiaLanguageVillages.org/Adult](http://www.ConcordiaLanguageVillages.org/Adult)

**Contact Sara at 800-450-2214 to register**

## Polar Star August Book Club Selection

This book is considered the most popular Norwegian-American novel, and the publication of this edition makes it available in English for only the second time. First written in 1884 in America by Norwegian immigrant H.A. Foss, this book has enjoyed great popularity among Norwegians, as evidenced by the 16 editions that have been published in Norwegian. It tells the story of Ole Haugen, the son of the poor cotter (farm workers who lived in the small cottages on large European farms) and the love that develops between him and Marie Hovland, the daughter of the owner of the large farm. Available through Amazon for \$12.99



Editor's Note. This book qualifies for the Literature Culture Medal and will be discussed at the October meeting

# VASA PARK SCANDINAVIAN FESTIVAL

## Sunday, September 10<sup>th</sup>, 2017



TIME: 10:00 a.m. to 6:00 p.m.

Mark your calendars and plan to attend and work in the Polar Star Bakery Booth.



Start baking (and freeze) your favorite Norwegian baked goods to sell in the booth and look for Norwegian collectibles at garage sales to re-sell in our loppemarked (flea market).

We will be baking Norwegian Vaffler with Lingonberries on site and selling pre-packaged baked goods and Norwegian knit items and collectibles.

<http://www.scandinaviandayil.com/>

# **Sons of Norway - Polar Star Lodge**



## **“Tate of Norway” Høstfest – Fall Festival Sunday, November 5, 2017**

**St. Olaf Lutheran Church – 1233 Douglas Ave.**

**Noon - 3:30 p.m.**

**Montgomery, IL**

**Taste Traditional Norwegian Food**

**Shop for Scandinavian gifts, and jewelry**

**Lefse and Krumkake demonstrations**

**Norwegian Craft demonstrations**

**Rosemaling**

**Kolrosing**

**Jewelry**

**Knitting**

- **Fox Valley Norwegian Choir Performance at 1:00 p.m.**

**Featuring the Polar Star Children's choir performance**



**Contact: Polar Star Cultural Director - Barb Johnson**  
**email [barbjjohnsonb@aol.com](mailto:barbjjohnsonb@aol.com) or by phone: 630-553-7389**

## **Polar Star agrees to support the Norway Museum Smørgåsbord – November 18th**

The Norsk Museum Board will be the organizing group that will sponsor the annual smørgasbord event that has previously been sponsored by the Cleng Peerson Lodge. Ed Hatteberg (Museum Board Member and Polar Star Member) and Barb Johnson (Polar Star Culture Director) attended the Smorgasbord planning committee meeting on August 10<sup>th</sup> that was attended by representatives from the Museum Board, Cleng Peerson Lodge and Polar Star Lodge. Polar Star Lodge and Cleng Peerson Lodge will support the event with event workers and donated salads and desserts. The Lodges will also be given tickets to sell for the event that will be available at Vasa Park and distributed by Ed Hatteberg. All proceeds from the event will go to the Norsk Museum building fund.

Please contact Barb Johnson if you are able to work during the event and what food items you are willing to donate. If you are not able to attend, but are willing to bake or provide two salads, contact Barb for a food pick up.

The following budget information was provided by the President of the Norsk Museum Board.

<b>2016</b>	<b>Expenses</b>	<b>2017</b>	<b>Expenses</b>
Insulation	\$3,300.00	Viking ship Building	\$6,700.00
New heat/AC	\$7,500.00	New Exhibits	\$600.00
Exterior Restoration	\$3,900.00	Plaster restoration	\$17,000
New Exhibits	\$500.00		
Viking Ship Trailer	\$500.00		



**NORWEGIAN SMØRGÅSBORD  
NOVEMBER 18, 2017**

**Norway Community Center  
Norway, IL**

**Seating at 4:00 p.m or 5: 30 p.m**

**ADVANCE TICKETS ONLY (carry outs available)  
\$18.00 Adults - \$7.00 Children (10 and under)**

**For tickets or information Phone: 815-343-5070**

**[www.norskmuseum.com](http://www.norskmuseum.com)**

Sponsored by the Norsk Museum and Sons of Norway Polar Star and Cleng Peerson Lodges. All proceeds support the Norsk Museum Building Fund.

## Gratulerer Med Dagen Polar Star!



### AUGUST

- 19. Pat Baughman
- 20. Floyd Anderson
- 26. Betsy Olson
- 27. Alexis Countryman
- 31. Burt Severson

### SEPTEMBER

- 1. Michael Seidel
- 4. Frances Berg
- 8. Ron Thorson
- 12. Kari Schussler

## HAPPY 50<sup>TH</sup> ANNIVERSARY NANCY AND ART



August 12, 1967- August 12, 2017