

Sons of Norway

Polar Star Lodge 5-472

Meetings on the first Sunday of the month – Potluck at 1:30 p.m.
St. Olaf Lutheran Church – Douglas Road, Montgomery, IL

President's Message



President Ken and VP Frank at Vasa Park 2019

Way to Go Polar Star Lodge!!!

Once again, we had a successful Vasa Park Event. As Barb keeps reminding me, "There is no such thing as "bad weather just poor choice of clothing" if you are Norwegian. In spite of the rainy start to our day – the event was the second most profitable day thanks to all of you! Everyone worked hard and we had a great time. Many thanks to all those who worked the booth, baked goods, and donated items for the loppemarked. It's truly a blessing to lead such a dedicated and fun group!

Your President
Ken

Don't forget that our Norwegian choir has started rehearsing for Høstfest. We need your voices!



No such thing as bad weather for
Polar Star Lodge at Vasa Park

UPCOMING EVENTS

Fox Valley
Norwegian Choir
Rehearsals
Thursday nights
at 7:00 p.m (page 4)

October 6, 2019

Masse Moro

With Scarlett Anderson

See article on page 2

Polar Star
Taste of Norway Høstfest
Sunday Nov. 3rd
See flier on page 5

Polar Star Newsletter Deadline
Will be the 14th of every month. Please
submit all articles to Barb Johnson at
barbjohnsonb@aol.com
Follow us on facebook @

Sons of Norway – Polar Star Lodge

Polar Star Website

www.polarstarlodge.com

Norway Museum Website

www.norskmuseum.org

OCTOBER 6th LODGE EVENT

Masse Moro

Norwegian Heritage

Youth Camp Program



Polar Star is proud to announce that Scarlett Anderson, Floyd and Sherry Anderson's granddaughter, attended the Sons of Norway District 5 "Masse Moro" Norwegian Heritage Youth Camp from July -14-July 27, 2019 . We are delighted that she will attend our October Lodge meeting and provide us with an overview of her camp experience.

Lunch Buffet begins at 1:30 followed by Scarlett's Masse Moro Presentation

Please bring a dish to pass and your own table service



Polar Star enjoys

Skandinavisk Fest 2019



Carol and Richard with Lynn



Frank, Roald and Don



Vi creating the perfect vaffel

Sons of Norway
Polar Star Culture Corner

by
Barb Johnson

Sons of Norway District 5
Fall Leadership Conference
October 18-20

Cedar Lake Ministries 13701 Lauerman St. Cedar Lake IN 46303



President Ken and Culture Director Barb will be headed to Indiana in October to attend our first District 5 Fall Leadership Conference. We both feel that it is important to participate in activities that promote our Lodge and the mission of Sons of Norway. I have been asked by our District 5 Culture Director to co-present with her, *“Cultural Skills – Norwegian Heritage Skills”*. I will be sharing with other lodges our Polar Star culture medal success stories. Kenny is interested in attending a break out session that focuses on Membership growth and retention. It looks like the Cedar Lake Ministry Campus will provide a wonderful environment for thinking and planning so we look forward to sharing what we learn with the rest of you throughout 2020. I have included registration form if any of you would like to join us. This would be a good way to find out what Lodge leaders do throughout our Sons of Norway District 5.

REGISTRATION

District 5 Leadership Conference

October 18-20, 2019

(Registration deadline - received by Monday September 30, 5 PM)

Lodge _____
Name _____
Title _____
Address _____
City/St/Zip _____
Email _____
Ph _____
Cell _____

If different than above, my nametag should be: _____

____ I have a mobility need

Package (double occupancy room, five meals)

- ____ \$320 - Double occupancy, per person
____ \$480 - Single occupancy, one person in a room
____ \$180 - Off campus rate - if you wish to stay off campus and attend the conference (5 meals included)

Desired roommate:

Meal type:

- ____ regular
____ gluten-free
____ vegetarian

Other:

____ I will be flying in and need help getting to Cedar Lake, Indiana

____ I would like to carpool, please give me info about others in my area who are attending

____ **TOTAL CHECK AMOUNT**

Breakout A (Sat 10 AM)

- ____ A1 - Strategic planning
____ A2 - Community service
____ A3 - Sports and recreation

Breakout B (Sat 3 PM)

- ____ B1 - Monthly lodge program ideas
____ B2 - Reaching members of all ages
____ B3 - Succession planning/recruiting officers

Breakout C (Sat 4 PM)

- ____ C1 - Cultural skills
____ C2 - Team building and officer effectiveness
____ C3 - It's all about food!

Special needs/concerns:

Send form and check to: Mike Palecek, D5 Treasurer, 5747 Sandy Lane, Racine WI 53406
Please make check out to "SON D5 - Nordic Legacy Foundation"

Polar Star Lodge



“Taste of Norway” Høstfest – Fall Festival Sunday, November 3, 2019

St. Olaf Lutheran Church – 1233 Douglas Ave.

Noon - 3:30 p.m.

Montgomery, IL

Taste Traditional Norwegian Food

Shop for Scandinavian gifts, and jewelry

Lefse and Krumkake demonstrations

Norwegian Craft demonstrations

Rosemaling

Jewelry

Knitting

- **Fox Valley Norwegian Choir Performance at 1:00 p.m.**

Contact: Polar Star Cultural Director - Barb Johnson
email barbjjohnsonb@aol.com or by phone: 630-553-7389

FOX VALLEY NORWEGIAN CHOIR

Calling all Polar Star singers and friends



The Fox Valley Norwegian Choir began rehearsal on Thursday, September 12th for our Høstfest performance. We are in need of more voices! Please join us and recruit your friends, and family members! Rehearsals will be held every Thursday night at 7:00 p.m. through October at St. Olaf Lutheran Church in Montgomery under the direction of Doris Pittman.



POLAR STAR 2019 CALENDAR OF EVENTS

2019 PROGRAMS 1:30 p.m. (unless listed)

OCTOBER 6 –

Pot luck begins at 1:00 – Norway Community Bldg.

NOVEMBER 3 - Høstfest



NOVEMBER 17 – Norway Museum Smørgåsbord

DECEMBER 8 - JULETRIFEST



Norsk Museum presents a

NORWEGIAN



Smørgåsbord

SAT. NOVEMBER 16,
Seatings at 3:30 or 5:30 p.m.
Norway Community Building
Norway, IL

\$20 – Adults
\$7 – Children
Carry Outs Available!

ADVANCE TICKET SALES ONLY
For tickets or information, please call:
815-343-5070

*Sponsored by the Norsk Museum, Sons of Norway Polar Star and Cleng Peerson Lodges.
Proceeds benefit the Norsk Museum Building Fund*

**Tickets are now available – See President Ken, Roald or Steve
at the October meeting.**

**Send your favorite Norwegian Christmas Cookie recipes to
Barbjjohnsonb@aol.com by October 14th for publication in the
November newsletter.**



Activity Hours Tracking Sheet - Polar Star Lodge 5-472

Member Name _____ Phone _____ Service Year _____

This data is used for mandatory reporting that maintains Sons of Norway tax-exempt status, and for National Sons of Norway to lobby on behalf of Fraternal benefit societies. Annually, by end of January, submit your completed form to the Polar Star Secretary. Tusen takk.

- **Membership services** – Projects/programs organized by Sons of Norway at a lodge, district or international level that you worked at or for, which were devoted to lodge business affairs, recreational or social events, training seminars, cultural classes, officer duties, etc. Include time spent organizing, planning and/or working on the events. Do not include lodge meeting attendance time.
- **Community services** – Include activities that you participated in the name of /on behalf of Sons of Norway lodge, district or international level. Include time attending/volunteering, as well as travel and preparation time.

Member Activity	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Total
Lodge Meetings (prepare food for pot luck)													
Lodge Meetings Set up/clean up/kitchen duty)													
Cultural Training (class/seminar)													
Program/Meeting (plan/prepare/training/lead)													
Officer Duties													
Newsletter/ Website													
Board/Committee Meetings													
District/National Meetings													
Other (describe)													
TOTAL MEMBERSHIP HOURS:													

Community Activity	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Total
Høstfest (prep/food/work)													
Fox Valley Norwegian Choir													
Vasa Park (prep/food/work)													
Norsk Museum (docent/manager/maintain)													
Norsk Museum Fundraisers (smorgasbord/kumla/ breakfast; prep/food/work)													
Styttendemai Parade/Banquet													
How to be a Viking (prep/food/work)													
Norwegian National League													
Viking Ship (docent/manager/maintain)													
Red Hat Knitting													
Tubfrim													
Barnebirke (prep/food/work)													
Other (describe)													
TOTAL COMMUNITY HOURS:													

Revised 2018

Editor's Note: Please download this form and use to track volunteer hours

Gratulerer Med Dagen (Happy Birthday) Polar Star!



SEPTEMBER 15-30

21. Richard Vigsnes
22. Brooke Johnson
28. Leif Johnson

OCTOBER 1-14

7. Matthew Johnson
7. Richard Jensen



SAVE YOUR STAMPS!

Nordikreations <i>Scandinavian and Viking-style Jewelry</i> HAND-CRAFTED BY PHYLLIS www.etsy.com/shop/Nordikreations www.etsy.com/shop/kreationsbyphyllis email: nordikreations@yahoo.com Facebook: Nordikreations See back for shop information >	SHOP INFORMATION Nordikreations Scandinavian and Viking-style Jewelry and Gifts Hand-crafted jewelry by Phyllis. Domestic and imported gift items 1 Courthouse Square, Space #21, Crown Point, Indiana Hours: Tues - Sat, 10a-5p (closed Sunday and Monday) Come out to Crown Point, Indiana . . . stop by my new Nordikreations Shop, located in the Old Crown Point Court House. We are about 13 miles south of I-80/94. Make a day of it and check out the many antique shops and old town restaurants. Find out about other events in the area on alongthesouthshore.com.
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VASA PARK 2019

