

Sons of Norway

Polar Star Lodge 5-472

Meetings on the first Sunday of the month – Potluck at 1:30 p.m.
St. Olaf Lutheran Church – Douglas Road, Montgomery, IL

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President's Message



President Ken touring Mandt Lodge during the
Stoughton Syttendemai 2023 weekend
with District 5 Secretary Darlene Arneson



Upcoming Events

Norsk Museum

Opening Day

“Taste of Norway”

Breakfast

Saturday.

June 3rd , 2023

See details on page 2 & 3

Geneva Swedish

Days Parade

June 25th

See page 5 for details

Polar Star Newsletter Deadline
Will be the 14th of every month. Please
submit all articles to Barb Johnson at

barbjohnsonb@aol.com

Follow us on facebook @
Sons of Norway – Polar Star Lodge

POLAR STAR JUNE 3rd EVENT Norsk Museum Breakfast and Polar Star Bake Sale

Editor's Note: Polar Star will **NOT** host a general meeting event in June but **we WILL** work together in Norway, IL at the Opening Day Breakfast and Norwegian culture day that benefits **THE NORSK MUSEUM ON JUNE 3rd**

Help Support the
Norsk Museum Opening Day &
**Taste of Norway
Breakfast**
Sat., June 3, 2023 8 a.m. to 11 a.m.

After Breakfast, join us at the Norsk Museum [9am to 2pm]

- ♦ Rosemaling sales and demonstrations by Lynn Sove Maxson
- ♦ Hardanger by Linda
- ♦ Polar Star Lodge Norwegian Food Sales
- ♦ Cultural demonstrations

Norsk Museum — Norway, IL
Right in Norway — 3656 E 2631st Rd - Sheridan, IL 60551

Enjoy delicious home cooked Norwegian Frokost (Breakfast) at the Norway Community Building. Serving fried kumla, ham, scrambled eggs with chives, fruit cups and coffee!

**No Advance Tickets
Donations ONLY**
Support our museum

Phone (815) 343-8070 (text)

See all the new exhibits
Visit Norsk Museum
www.NorskMuseum.org

Norsk Museum

Memorial Tree Planting Ceremony
May 6, 2023



POLAR STAR HELP NEEDED FOR MUSEUM OPENING DAY ON JUNE 3rd.

Polar Star workers and bakers needed to support the Norsk Museum Breakfast in June. Please contact Nancy Andersen or Barb Johnson if you are able to work the event or if you are willing to bake Norwegian cakes, cookies or breads for our Polar Star Bakery.

POLAR STAR NORSK MUSEUM BREAKFAST VOLUNTEER SIGN UP

Bakers

Name	Phone number	Baked goods
Barb Johnson	630-553-7389 Cell: 630-632-2329	Cardemom Rolls, lingonberry bars, Lingonberry loaves and , waffle batter

Bakery tent located outside the Museum Helpers

Name	Time	
Barb Johnson	7:00 a.m. - ???	

Community Building Breakfast Servers

Name	Time	

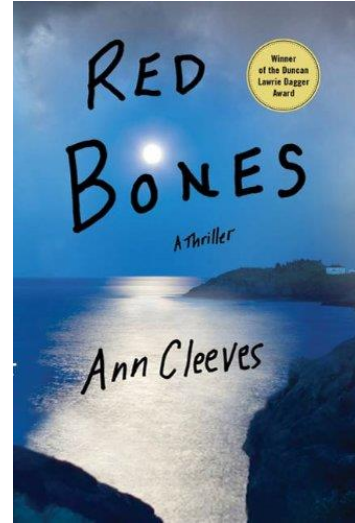
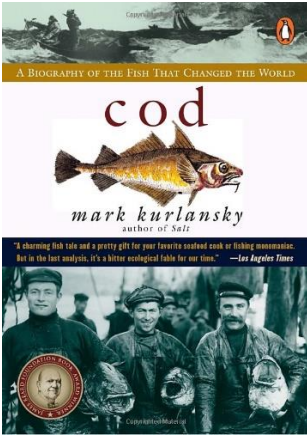
NORSK MUSEUM



Barb Johnson and Joni Koeler serving as Docents

Polar Star Culture Corner
By Barb Johnson

Sons of Norway Book Club



June Main Read: *Cod: A Biography of the Fish that Changed the world* by Mark Kurlansky's is the biography of a single species of fish, but it may as well be a world history with this humble fish as its recurring main character. Cod, it turns out, is the reason Europeans set sail across the Atlantic, and it is the only reason they could. What did the Vikings eat in icy Greenland and on the five expeditions to America recorded in the Icelandic sagas? Cod, frozen and dried in the frosty air, then broken into pieces and eaten like hardtack. What was the staple of the medieval diet? Cod again, sold salted by the Basques, an enigmatic people with a mysterious, unlimited supply of cod. As we make our way through the centuries of cod history, we also find a delicious legacy of recipes, and the tragic story of environmental failure, of depleted fishing stocks where once their numbers were legendary. In this lovely, thoughtful history, Mark Kurlansky ponders the question: Is the fish that changed the world forever changed by the world's folly?

Editor's Note: I loved this book!!

June Mystery Read: *Red Bones* marks the third in a stellar suspense series set on the Shetland Islands from bestselling author Ann Cleeves--the basis for the hit BBC show *Shetland*, starring Douglas Henshall.

When a young archaeologist discovers a set of human remains, the locals are intrigued. Is it an ancient find—or a more contemporary mystery? Then an elderly woman is fatally shot and Ann Cleeves's popular series detective Jimmy Perez is called in. As claustrophobic mists swirl around the island, Inspector Perez finds himself totally in the dark.

May Zoom Meeting: Thursday, May 25th – 6:00 p.m.

Zoom Meeting ID” 821 9376 4509

Passcode: 692935



Save Your Canceled Postage Stamps and give to our stamp collector, Art Andersen

POLAR STAR CALENDAR OF EVENTS

JUNE 3rd Norsk Museum Open House and Breakfast

AUGUST 6 : VIKING GAMES AND PIKNIK

SEPTEMBER: 10 - VASA PARK 9:00 a.m.

OCTOBER 1 - PROGRAM TBA

NOVEMBER 5 - Høstfest begins at 11:30 a.m.

DECEMBER 3 - JULETFEST

Gratulerer Med Dagen (Happy Birthday)

Polar Star Members!



Mai 16-31

20. Blake Chaussey

June 1-15

3. Nilslee Kreppert

4. Nels Johnson

10. Ben Gehler

10. Gerald Rucks

11. Erika Koehler

Polar Star Sports and Activities

by Jerri Lynn Baker



Polar Star – Summer Virtual Challenge! **Let's walk to Muskego, Wisconsin** **or are you a chicken?**

Do you know the history of Muskego? It is an important part of my Norwegian family and maybe it's part of yours? From June 1 through August 31 our summer challenge is to walk 114 miles! That is the distance from St. Olaf's Church in Montgomery to Muskego, WI. This equals about 1.3 miles per day, but you can break it up any way you like. You will be required to keep a written calendar of your daily miles. If you have a 0 day, write in 0. You can turn in your calendars at our October meeting (September there is no meeting, as we will all be at Vasa Park). As a bonus for the Cultural side of Polar Star you will be required to turn in a report on what you learn or already know about Muskego, WI and its connection to Norwegian Immigration. Your report will need to be at the least 100 words. It's going to be a great summer, let's get outside, walk and soak up the vitamin D.

Celebration Syttendemai 2023

Polar Star members, Jeanne and Craig Leifheit, celebrated Syttendemai in Bergen, Norway and shared the following photos.









FROM JEANNE.....

"It was absolutely the best. The happiness of the people, the pride the friendliness the families together. Amazing and heartwarming. It was just the best to be in a cousins home and help prepare and then join on with the family that gathered. My heart is full..... But I'm tired"





Stoughton, Wisconsin Syttendemai 2023



The food was
fabulous!!!



The Culture demonstrations were inspiring!!





People's
Choice

Vote

Culture Director

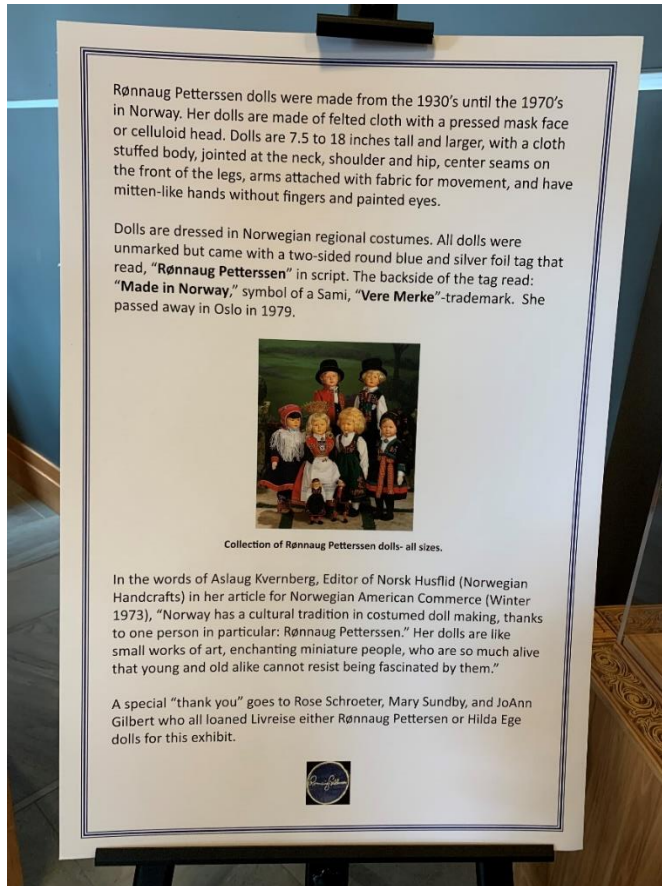
President Ken



Hardanger Embroidery



Museums



LIVSRESIE

Norwegian Heritage Center



Stoughton Historical Museum

Touring Sons of Norway Mandt Lodge



**Madnt loge preparing for two days of
Sit-Down Meals and Activities!!**





Viking Sightings

Opera House Norwegian Music Performances



Edvard Grieg Chorus



Nordic Hardanger Fiddlers

Bunad Style Show





Stoughton High School Norwegian Dancers



Park Ridge, Illinois Syttendemai Luncheon



Park Ridge, Illinois Syttendemai Parade





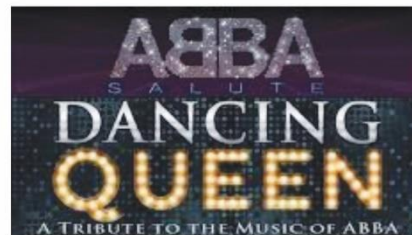
43rd Annual Scandinavian Day Festival

Sunday, September 10, 2023

10:00 AM to 5:30 PM

Admission \$10.00 per person, 12 and under free, free parking

SMÖRGÅSBANDET
NEW YORK



Entertainment by:

Smörgåsbandet of New York

ABBA Dancing Queen

Mads Tolling-Grammy Award-Winning
Violinist

Nordic Folk Dancers of Chicago

Leikarringen Heimhug Dancers

Story time by Elsa



*Morning Church Service at 10:30 AM,
Opening Ceremony and Welcome 11:10 AM
Scandinavian Food, Vendor Walkway and
Children's Activities, Free Pony Rides, Face Painting*

Please No outside food, drinks or coolers in order to support our food vendors. Pets are NOT allowed, however trained service dogs are welcome.



Vasa Park, 35W217 Route 31, South Elgin, IL 60177
www.vasaparkil.com www.scandinaviandayil.com
847-695-6720

**Sons of Norway
Polar Star Lodge 5-472
Regular Meeting, May 7, 2023**

**St. Olaf Lutheran Church
1233 Douglas Avenue
Montgomery, IL 60538**

The lodge met in person in St. Olaf's Lutheran Church basement. President Ken Johnson called the meeting to order following our 1:30 PM pot luck luncheon. Delicious pork tenderloin with sauerkraut and potatoes was served, along with salads, side dishes, and of course desserts. Kitchen hosts were Carol Devito, will Frank Krawczyk, and Sue and Steve Tanda.

President's Announcements:

- Ken opened the meeting and welcomed everyone.
- We are #24 in position for the Syttende Mai parade on May 25 in Park Ridge. Lineup is at 12:30 PM and the parade kicks off at 1 PM.
- Steve Tanda said that he is still waiting for confirmation for our participation in the Geneva Swedish Days parade on Sunday June 25. Deadline for applications is May 15. We have a vehicle to tow the boat. Contact Steve to drive/march.
- Fees for the Vasa Park Scandinavian Festival in September are \$350. We will wait to submit that.
- Art Andersen reminded us to keep cutting out and saving canceled stamps. Art leads Polar Star's efforts to collect cancelled stamps for charitable donation to Stamps for the Wounded outside Washington DC, which promotes stamp collecting by veterans as a hobby. So far he has sent three large boxes of stamps and materials.
- Frances Berg reminded that the Norsk Museum in Norway Illinois still needs volunteer docents. It is very easy to do, and you don't need any experience or prior knowledge. There are self-guided tour books available for visitors. The museum is open only 1 PM to 5 PM on Saturday and Sunday afternoons, June through September. We encourage everyone to sign up for at least one time slot this summer. The sign-up sheet was passed around. Contact Frances or Steve for information.

Vice President's Announcements:

- Frank encouraged everyone to bring 2-3 non-perishable food items to each meeting (or donate \$) for the St. Olaf food pantry.
- We have Polar Star Sons of Norway vests for sale at cost.
- Reminder that when cleaning up after meetings, the coffee pot extension cord is ours and is stored with pot.
- Also a reminder to be sure to pay your sons of Norway dues on time.

Treasurer's Report: Carol read the Treasurer's report (copy attached), which was accepted. We had \$88 in income last month and \$1000 in expenses. Total assets of \$15,771.33.

Secretary's Report: Thanks to Kelly Welin for recording this month's meeting minutes in Karen's absence.

Social Director:

- Kitchen helper volunteers are still needed for the August picnic and October meeting. Contact Nancy Andersen.
- National League Syttende Mai banquet this year is a luncheon on Saturday May 20 (rather than in evening). Featured speaker is Heidi, an ambassador from New York. Contact Nancy for information about the May 20 luncheon luncheon or the May 21 Park Ridge parade.

Sports Director: Jerri Lynn reminded all those walking in one or both parades to keep track of the miles to earn toward a medal.

Norsk Museum Opening Celebration Breakfast, Saturday June 3: Carol Devito asked if the breakfast event will take place. Steve responded that it has been discussed but not finalized. The breakfast has been catered for the last few years, freeing up time for other projects like kumla. Last year the auction and bake sale made a huge deal in terms of profit. More information to come on whether this year's breakfast and/or bake sale will happen.

Today's Meeting Program: Barb shared a PowerPoint presentation about the origin and meaning of the Syttende Mai holiday.

Meeting Adjournment: The meeting was adjourned.

Next Meeting: Our next regular meeting will be our annual picnic on Sunday, August 6. Kitchen hosts are still needed. Please bring non-perishable food items (or donate \$) for the St. Olaf Food Pantry.

Respectfully submitted,
Karen Oswald, Secretary